



*Pictured are representatives of the organizations receiving 2007 To Celebrate Life grants.*

## TO CELEBRATE LIFE BREAST CANCER FOUNDATION AWARDS \$384,000 IN GRANTS TO 19 BAY AREA ORGANIZATIONS

Gratitude, laughter and warm applause filled the room on April 10th as the 2007 *To Celebrate Life Breast Cancer Foundation* grants were awarded. Held at the Acqua Hotel on Richardson Bay in Mill Valley, the grants reception gave sponsors, donors, *To Celebrate Life* advisory and grant committee members, volunteers and representatives from the organizations receiving grants the opportunity to meet.

This year *To Celebrate Life* received 27 proposals, and granted \$384,000 to 19 applicants, the largest amount awarded in a single year. Sydney Randazzo, Chair of the Grants Review Committee, presented the awards to representatives of the Bay Area organizations.

*"These monies have brought to this community things we never dreamed of."*

Marin Cancer Institute  
Breast Cancer Resource & Recovery Program

"It's a wonderful opportunity to recognize some of the many organizations that provide services and support to patients and their families battling breast cancer. It is particularly rewarding to hear how the funds that are raised impact those receiving the benefit of *To Celebrate Life's* efforts," noted Sydney, who added that since inception we have granted over \$2 million dollars.

The organizations receiving funding from *To Celebrate Life Breast Cancer Foundation* are located in counties throughout the Bay Area including Alameda, Marin, San Francisco, San Mateo, Solano and Sonoma. The grants funded focus on varying needs: the underserved, under-insured, specific ethnic populations, patient support, education and screening.

*"You help us to provide invaluable tools in managing our clients' side effects."*

Institute for Health & Healing

## 2007 GRANTS SUPPORT 19 NONPROFIT ORGANIZATIONS

### BREAST CANCER EMERGENCY FUND

Provides emergency financial assistance to low-income San Franciscans suffering with breast cancer to cover basic human needs including housing, utilities and medical expenses, thereby lessening their financial burden. (415) 558-6999 [www.bccf-sf.org](http://www.bccf-sf.org)

### BREAST HEALTH ACCESS FOR WOMEN WITH DISABILITIES (BHAWD) AT ALTA BATES HOSPITAL

Provides free clinical breast exams, self-breast exam education and training, and mammogram referral when needed, education and training for women with disabilities. All services are provided by a specially trained breast health nurse in an accessible exam room and on a universal accessible exam table. Translation services are available. Grant funding supports the reissue of a *Provider Guide — Breast Health and Beyond for Women with Disabilities: A Provider's Guide to the Examination and Screening of Women with Disabilities*. (510) 204-4866 [www.bhaward.org](http://www.bhaward.org)

### CASTING FOR RECOVERY — Healing Retreat

Provides women whose lives have been profoundly affected by breast cancer with the opportunity to experience physical, emotional and spiritual healing through a fly-fishing retreat. The retreat is open to women living in the Bay Area. (888) 553-3500 [www.castingforrecovery.org](http://www.castingforrecovery.org)

### CHARLOTTE MAXWELL COMPLEMENTARY CLINIC

**Comprehensive Support for Low-Income Women with Advanced Breast Cancer**  
Provides integrative services, including physical, emotional, nutritional and spiritual support for low-income women with metastatic breast cancer. The two clinics (Oakland and San Francisco) provide services to women throughout the San Francisco Bay Area. (510) 601-7660 [www.charlottemaxwell.org](http://www.charlottemaxwell.org)

### CIRCULO DE VIDA — Women's Support Program

Improves the quality of life for Latinos living with cancer. Grant funds will provide support, translation and advocacy services to newly diagnosed Latinas. (415) 648-9423 [www.circulodevida.org](http://www.circulodevida.org)

### COASTAL HEALTH ALLIANCE

**Comprehensive Breast Health Care Access**  
Offers medically underserved women in western Marin and Sonoma counties access to a comprehensive breast health program that provides education, assistance in accessing mammograms, transportation, support groups and outreach. (415) 663-8666 [www.coastalhealth.net](http://www.coastalhealth.net)

### COMMUNITY BREAST HEALTH PROJECT

**The Gabriella Patser Program**  
Provides breast cancer screening and detection for low-income, uninsured women in the Bay Area under 40, who have a significant family history or present with a suspicious breast health issue. The program primarily serves women in Santa Clara and San Mateo Counties. (650) 326-6686 [www.cbhp.org](http://www.cbhp.org)

### HOSPICE BY THE BAY

**(Formerly Hospice of Marin) To Celebrate Life Breast Cancer Foundation Fund for Supplementary & Complementary Care**  
Provides additional support services, including physical and emotional care, to end-stage breast cancer patients and their families, including sending survivor children to a special summer camp. (415) 927-2273 [www.hospicebythebay.org](http://www.hospicebythebay.org)

### INSTITUTE FOR HEALTH & HEALING

Provides classes in guided imagery and massage sessions to individuals with breast cancer. This program supports the psycho-spiritual needs of people dealing with breast cancer issues. (415) 925-7624 [www.marigeneral.org](http://www.marigeneral.org)

### LATINA BREAST CANCER AGENCY

**Mujeres Cuidando Mujeres/Women Caring for Women**  
Provides ongoing breast health education and free screening services to low-income Latina women with little or no insurance living in San Mateo, who are enrolled in Every Woman Counts Cancer Detection program. (415) 584-3449 (Spanish) (415) 584-3444 (English) [www.latinabca.org](http://www.latinabca.org)

### MARIN CENTER FOR INDEPENDENT LIVING

**Breast Cancer Benefits & Advocacy Counseling**  
Enables underinsured, low-income Marin residents diagnosed with breast cancer to take advantage of counseling, advocacy and case management, utilizing a uniform intake and tracking system among several Marin agencies that share information and referrals. (415) 459-6245 [www.marincil.org](http://www.marincil.org)

### MARIN COMMUNITY CLINIC — Breast Health Program

Provides comprehensive, quality primary health care services to low-income and needy residents of Marin County. Grant provides funds for breast cancer preventive care and education for all adult female patients during at least one medical visit per year. MCC operates as a private, nonprofit community health center providing health care to all ages. (415) 448-1500 [www.marinclinic.org](http://www.marinclinic.org)

### MARIN GENERAL HOSPITAL,

### MARIN CANCER INSTITUTE

**Breast Cancer Resource & Recovery Program**  
Provides services that are coordinated through the Marin Cancer Institute and the Breast Diagnostic and Imaging Center. The organization's work encompasses prevention, detection, diagnosis, treatment and recovery from breast cancer. The grant funds will help fulfill the goal of refining and enhancing a comprehensive, supportive and seamless care program for people affected by breast cancer from point of diagnosis throughout treatment and into recovery. (415) 925-7864 [www.marincancerinstitute.org](http://www.marincancerinstitute.org)

### MARIN GENERAL HOSPITAL,

### MARIN CANCER INSTITUTE

**To Celebrate Life Breast Cancer Foundation-Harbor Point Fund**  
Provides funds for breast cancer diagnostic screening including mammography and ultrasound for patients in Marin County. Made possible by a donation from the Harbor Point Charitable Foundation. (415) 925-6327 [www.marincancerinstitute.org](http://www.marincancerinstitute.org)

### MEALS OF MARIN

**Food Project for Patients Battling Breast Cancer**  
Prepares and delivers meals to patients and families battling breast cancer in Marin County. (415) 457-4666

### RELATIONSHIP CENTERED COMMUNITY CARE

**The Ceres Community Project: Youth Nourishing Life One Meal at a Time**  
Provides nurturing and nourishment for families facing health challenges in Sonoma county through an innovative community project that teaches students to prepare food and gain confidence, and families to receive organic sustenance. (707) 823-3376 [www.kitchencosmology.com](http://www.kitchencosmology.com)

### SHANTI

**Lifelines Breast Cancer Program**  
Delivers practical assistance and emotional support to women and men with breast cancer in San Francisco including financial assistance, meals, transportation, wellness workshops and more. (415) 674-4700 [www.shanti.org](http://www.shanti.org)

### TIBURCIO VASQUEZ HEALTH CENTER, INC.

**Vida Con Esperanza Latina Breast Cancer Support Group**  
Provides psycho-social support services for Spanish-speaking women with breast cancer in Southern Alameda County. Vida Con Esperanza (Life with Hope) is a space where Latinas find culturally appropriate and linguistically sensitive breast cancer psycho-social support services. (510) 471-5880 [www.tvhc.org](http://www.tvhc.org)

### ZERO BREAST CANCER (formerly Marin Breast Cancer Watch)

**Adolescent Breast Cancer Prevention Education Project**  
Educates adolescents about breast cancer risk factors. The project further developed the Breast Cancer and Environment Peer Education Tool Kit which is available on the organization's website and is promoted to schools and health educators in Marin, San Francisco and Alameda counties. (415) 507-1949 [www.zerobreastcancer.org](http://www.zerobreastcancer.org)

## BREAST CANCER THE SECOND TIME AROUND

BY JILL CAIRE

When my mother was diagnosed with breast cancer, she was 33 years old. I was terrified, especially when she had to go back for a second radical mastectomy a few months after the first one. As a child, I'd never seen my mother get so focused. She told me she refused to die. Her first goal was to get back to playing golf as soon as she could. She wowed almost everyone and was elected the next president of the local ACS.

I could hardly do less when I was diagnosed. A finalist for a grant from the American Heart Association, I had to present my proposal to the grant committee or lose the grant. I talked my doctor into a pass to leave the hospital to attend the meeting and won the grant! I finished my postdoctoral training in clinical psychology the same year that I had a second prophylactic mastectomy and a series of reconstructive surgeries. I went on to head the Behavioral Medicine Clinic at California Pacific Medical Center and worked with cardiac and oncology patients, often using hypnosis to ease pain and anxiety.



Jill Caire

My mother never had a recurrence of her breast cancer, but three and a half years ago—twenty years after my first diagnosis—I was diagnosed with a recurrence. As the only survivor of my first group of women with metastatic cancer, and a caretaker by both birth order and profession, I knew I needed to find some way of allowing people to help me.

I had no idea then what a transformative experience *Stepping Out* would be. I made friends, but more than that, parts of my being that I dreaded encountering were met and healed. Suddenly I was special because I was surviving—not because I was sick! I didn't think anyone could make me feel beautiful again. *Stepping Out* did. I will be eternally grateful.

## PLANNED GIVING . . . A GIFT OF LOVE AND CONFIDENCE

Two things in life we can't escape are death and taxes. Though powerless over these inevitabilities, we're not completely helpless. By taking care of our health we maximize the length and quality of our lives.

The same is true of our assets. When mindful of them we maximize positives and minimize negatives. Asset management through planned giving plays an important part.

A planned gift is any gift that considers the donor's tax, financial, or estate planning. Planned gifts vary in complexity from simple gifts of money or securities to complex deferred gifts. Charities depend upon the generosity and foresight of planned givers.



Patrick, Kathleen and their dog Halle

*To Celebrate Life* past president Teri Dowling says of her estate gift to the Foundation, "I sleep better knowing I have control over where my assets go when I can no longer make those decisions. It's important

they're used to benefit an organization where my head and heart are." *To Celebrate Life* board member Patrick Woods' estate planning attorney brought up planned giving when he asked if Patrick and his wife Kathleen had charitable desires. Considering Kathleen's long association with this organization (including past president), they immediately thought of *To Celebrate Life*.

"We know long-term charitable viability depends upon people leaving a portion of their estate for operating expenses," Patrick says. "We have so much confidence in *To Celebrate Life*," agrees Kathleen, "and for us, there is a great sense of satisfaction in letting them know they've been remembered in our will."

A recipient of services which *To Celebrate Life* funded, Teri Dowling knows first-hand how important these services are to those struggling with breast cancer. Through planned giving she "insures that the organization can continue to do what it does so well."

If we don't direct our assets upon our deaths, someone else will. Estate advantages aside, planned giving provides benefits to people beyond our lifetime. Smiling, Teri says, "It's like having your own little foundation."

## THE BREAST CANCER EMERGENCY FUND HELPING SAN FRANCISCO RESIDENTS MAKE ENDS MEET

### PROFILE OF A 2007 GRANT RECIPIENT

Ask any survivor ... breast cancer doesn't come cheap. And when you're already struggling to make ends meet, the financial burden can quickly become overwhelming.

That's when the Breast Cancer Emergency Fund steps in.

Founded in 2001, BCEF, sister organization to the Aids Emergency Fund, provides short-term financial relief to low-income people living in San Francisco County who are dealing with breast cancer. Their clients also include



Photo courtesy of BCEF

median income people who suddenly find themselves in financial crisis.

Very often BCEF fills the gap until the client can apply for other assistance.

"Our goal is to keep people from hitting a crisis before they qualify for assistance,"

says Program Director Susannah Dunlap. She notes that 100 percent of the community-raised funds go directly to clients.

Many people with breast cancer have no health insurance and are unable to work during their illness or treatment.

Assistance from BCEF lessens the emotional toll of unpaid bills and helps clients focus on their health and families. Once an applicant has qualified, BCEF provides up to \$600 to cover specific types of expenses during the following 12 month period. BCEF also makes referrals to agencies that can provide longer-term help.

Since the organization isn't eligible for grants from large foundations, they rely on their own fundraising efforts and the support of local philanthropic organizations like Susan B. Komen and *To Celebrate Life Breast Cancer Foundation*.

Their main fundraiser, *This Old Bag*, takes place every October. Celebrities, socialites and high-end retailers donate handbags for auction. One third of the agency's budget comes from the proceeds of this popular event. Last year BCEF raised \$100,000, enough to provide grants to over 200 low-income San Franciscans battling breast cancer.

"*To Celebrate Life Breast Cancer Foundation* has enabled us to extend our grants beyond immediate medical needs to include more quality of life expenses such as keeping people in their homes, preventing utilities from being shut off and covering uninsured or indirect medical need—expenses not regarded as funding priorities by most national organizations," says Dunlap.

*"Our goal is to keep people from hitting a crisis before they qualify for assistance."*

Susannah Dunlap, BCEF Program Director

### SAVE THESE 2007 DATES

- JUNE 25 Tee It Up To Celebrate Life**  
Sonoma Golf Club  
*Eighteen holes of golf (scramble format), boxed lunch, awards presentation with hors d'oeuvres, beverages, delectable buffet and an exciting live auction.*
- SEPT 17 Rally To Celebrate Life**  
Marin Tennis Club, San Rafael  
*Women's tennis tournament, silent auction, pro/am exhibition match, al fresco luncheon and fabulous goody bag.*
- SEPT 29 Stepping Out to Celebrate Life**  
Marin Center Exhibit Hall, San Rafael  
*A glamorous evening including gala dinner-dance, exhilarating live auction and premiere fashion show featuring breast cancer survivors as models.*



### SUPPORTING OUR MISSION OCTOBER 12-14, 2007

Join us for one of the largest exhibition tennis events in Marin County, hosted by the Harbor

Point Charitable Foundation. Featuring some of the biggest names in tennis, including Lindsay Davenport, the Jensen brothers, Conchita Martinez, Jeff Turango, Todd Martin, Mary Jo Fernandez and Jana Novotna, this spectacular event will create an environment encouraging sponsors and spectators to join together with tennis professionals and collegiate tennis leaders for a weekend of thrilling tennis to benefit *To Celebrate Life*, Youth Tennis Advantage, and Us TOO – Prostate Cancer Education & Support.

## THE SPIRIT OF SPONSORSHIP HARBOR POINT CHARITABLE FOUNDATION



From left to right: Ray, Sr., Bob and Ray, Jr.

Tennis is the name of the game for brothers Bob and Ray Kaliski.

In 1963 their father, Ray Sr., bought what is now known as Harbor Point Tennis & Swim Club in Mill Valley. Apartments were begun in 1965, and by 1972 the tennis club was established. Ray, Sr. and his brother, Marty, managed the club until 1990. It was then that son Bob was asked to take over the management reins.

In 2004, one brother had achieved a milestone birthday of 60 years and the other was right behind him. Both Bob and Ray recall a conversation in which they each asked, "What do you want to do with your life during the

next twenty years?" Their answers—give back to the community and establish a legacy for the Kaliski family. Over the years Harbor Point Tennis & Swim Club had been home to many professional tennis tournaments including a Davis Cup round. The Kaliskis knew how to run tournaments so why not figure out a way to make that talent work for the community? How about an annual event for charity?

Thus the Harbor Point Charitable Foundation was formed, with the hope that every successive generation of the Kaliski family would carry on the legacy. In 2005 the Foundation held its inaugural event, *The Women's Tennis Classic* and in 2006 held the renamed event, *The Comcast Women's Tennis Classic*. Beneficiaries of these events were *To Celebrate Life Breast Cancer Foundation* and Youth Tennis Advantage (aiding children at risk). Bob's love of World Team Tennis has shaped the format for this exciting Marin County tennis event.

On the second weekend in October 2007, *The Esurance Tennis Classic* will offer a new twist. Rather than focus mainly on professional women tennis players, this year you'll also find the talent of some top-ranking professional men. Beneficiaries in 2007 will include *To Celebrate Life*, Youth Tennis Advantage, and Us TOO – Prostate Cancer Education & Support.

*To Celebrate Life* understands what it takes to put on a huge annual fundraising event and we congratulate Bob and Ray Kaliski, together with their wives, Linda and Carla, and Ray Sr. on the success of their mission in our Bay Area community. We appreciate and thank them for their accumulated hours of work and sacrifice, their passionate and humorous approach to the tasks involved, and the joy with which they disburse the proceeds!

### GRANT AWARDS CONTINUED PAGE 1...

Services supported by 2007 grant funds include:

- Breast cancer screening for women under 40 years of age
- Specialized non-medical treatment, support and case management for women with metastatic breast cancer
- Benefits advocate counseling
- Clinical breast exams and mammograms for low-income women
- Breast cancer support groups
- Health promotion workshops
- Guided imagery and massage therapy for patients in treatment
- Educational retreats for breast cancer survivors
- Breast cancer education
- Financial relief to low-income patients diagnosed with breast cancer

For information about the grant recipients, please turn to page 2. To learn more about the granting process, visit our website: [www.tocelebratelife.org](http://www.tocelebratelife.org).

*"Your funding is phenomenal – you enable us to do what we do."*

Charlotte Maxwell  
Complementary Clinic

### GRANTS REVIEW COMMITTEE

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## MARIN CENTER FOR INDEPENDENT LIVING CREATES EASY ACCESS TO HELP

### PROFILE OF A 2007 GRANT RECIPIENT

Marin Center for Independent Living (MCIL) is making noise. They have to. Known as advocates for people with disabilities, MCIL is still spreading the word that their services extend to breast cancer patients.

San Rafael-based MCIL added breast cancer benefits counseling to its roster two years ago, and became a powerful partner for those in treatment.



Josie Sanchez (center) and Mary Matthews (left) assist an MCIL client.

Essentially a services depot, the group helps those diagnosed get a customized aid package from a collection of private and government providers.

Some Marin programs, including an emergency rent and insurance payment fund, are available only through MCIL. Rather than explaining their options and handing people a pile of applications, MCIL takes a warm,

compassionate approach. "We're not bureaucrats," says Deputy Director Mara Margolis. "What we do is very personal. We help our clients fill out forms and go with them to appointments."

When Eva, a single mother and artist, came to MCIL after her Stage 2 diagnosis, she was terrified, especially about upcoming chemotherapy. MCIL arranged a peer counselor to reassure her. Then an agency advocate arranged deliveries from Meals of Marin, transportation through American Cancer Society, wigs from California Cancer Care, complementary health treatments at Charlotte Maxwell Complementary Clinic and assisted with her rent. Eva says because of the support, chemo was "a breeze" and she's creating again.

Helping their clients avoid financial trouble is a challenge for MCIL, so advocates try to get help in place before someone resorts to their credit cards. Counselors were excited to discover the Breast and Cervical Cancer Treatment Program, in which a diagnosis triggers immediate insurance coverage and pays for mammograms and biopsies from the previous three months.

Mary Matthews, a counselor and breast cancer survivor, is the foundation of MCIL's program. "It's just huge that she's here," says Mara. With her experience and insight, Mary asks the right questions, offers the right comfort and stands as a solid inspiration to those following in her footsteps.

MCIL is now bringing services to a broader population, furnishing Vietnamese translation and sending counselor Josie Sanchez into the Spanish-speaking community. "There's a lot we can do," says Mara. "We really make a big difference."

*"You help us to lift the burden from our clients' shoulders."*

Mary Matthews,  
Marin Center for Independent Living

## 2006 COMMUNITY EVENTS

We are pleased to acknowledge the following socially conscious businesses and individuals designating *To Celebrate Life* as recipient of special fundraisers. For details visit the *How Others Help* page on our website [www.tocelebratelife.org](http://www.tocelebratelife.org).

- AT HOME IN MARIN, JONATHAN MARKS
- AT THE TOP SALON
- BOBBIE SELIN MEMORIAL GOLF TOURNAMENT
- BONA VITA COFFEE & TEA – NOW KNOWN AS LA COPPA COFFEE
- COME TO THE POINT!
- HARBOR POINT CHARITABLE FOUNDATION
- HCL HANDBAGS, CAROLA DETRICK
- JOIE DE VIVRE HOSPITALITY
- PHARMACA INTEGRATIVE PHARMACY
- PRECISION HAIR SALON
- TRI DELTAS OF MARIN

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Donations received after March 15, 2007 will appear in the fall 2007 newsletter. We regret any omissions.

## THANK YOU FOR YOUR CONTINUING SUPPORT!

Since 1996, *To Celebrate Life* has granted over \$2 million to Bay Area nonprofit organizations that help women, men and their families through their breast cancer journeys. As a sponsor, donor, patron or volunteer, we appreciate your participation in aiding us to raise awareness, educate and provide services.

Formerly Marin Breast Cancer Council  
PO Box 367  
Kentfield CA 94914  
415.455.5882

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Do you have friends who would enjoy our newsletters? Let us know.

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STREET \_\_\_\_\_

CITY \_\_\_\_\_ STATE, ZIP \_\_\_\_\_

THIS DONATION OF \$ \_\_\_\_\_ IS IN HONOR OF \_\_\_\_\_

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PLEASE SEND ACKNOWLEDGEMENT CARD TO:

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TO CELEBRATE LIFE BREAST CANCER FOUNDATION, PO BOX 367,  
KENTFIELD, CA 94914

I WOULD LIKE TO HAVE SOMEONE CONTACT ME ABOUT A GIFT FROM MY ESTATE.

**MISSION STATEMENT:**

To Celebrate Life Breast Cancer Foundation  
Reaching out to enrich the lives of women and men living with breast cancer.

We accomplish this by:

- providing grants for support programs, early detection screening, emotional and educational services
- Securing resources for Bay Area organizations, including those supporting underserved communities
- Offering healing opportunities through our events for those living with breast cancer

**CONTACT INFORMATION:**

To Celebrate Life Breast Cancer Foundation  
PO Box 367, Kentfield CA 94914

TEL: 415.455.5882

WEB: [www.tocelebratelife.org](http://www.tocelebratelife.org)

EMAIL: [info@tocelebratelife.org](mailto:info@tocelebratelife.org)

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